



Identifying, Preventing and Managing Bullying & Harassment in the Workplace



**Bullying affects
workforce health,
psychological safety,
and productivity.**

**Lead your employees
in making the right
decisions at the right
moments to stop
bullying and create a
welcoming space.**





About the Training

This 60-minute training course, designed for both employees and managers, outlines behaviours that constitute bullying, distinguishes between bullying and harassment, and highlights practical steps individuals and organisations can take to address and prevent such conduct.

It includes bystander intervention strategies and features a host, interviews, interactive activities, and viewer-submitted emails and tweets to raise awareness of various forms of bullying and respond to frequently asked questions.

The image features a modern office scene with a woman in a yellow blazer in the foreground, smiling and holding glasses. In the background, two men are standing near a wooden table. The entire scene is framed by a collage of overlapping geometric shapes in shades of blue, red, and grey. On the left side, there are two horizontal bars, one dark blue and one red, positioned above the main title.

The Why

Workplace bullying training is designed to help employees understand the definition of workplace bullying, to learn how to recognise bullying behaviours, and to develop strategies for preventing and responding to bullying.

Topics

The course covers these topics and more:

- ★ **What is workplace bullying?**
- ★ **Examples of bullying behaviour**
- ★ **Differences between bullying and harassment**
- ★ **The negative impact of bullying on individuals and organisations**
- ★ **Role of employers, targets and bystanders**
- ★ **Bystander intervention strategies to help stop bullying**



The background image shows a modern office environment. In the foreground, a large, semi-transparent blue letter 'B' is overlaid. To the left of the 'B', there are several red and dark blue geometric shapes, including chevrons and triangles, arranged in a pattern. The office scene in the background features three people: a woman in a brown blazer standing and smiling, and two other people seated at a desk. A laptop is open on the desk. In the background, there is a large screen displaying a cityscape, a whiteboard with charts, and a bulletin board with various papers and sticky notes.

Boost employee morale and engagement

A positive work environment can boost employee morale and engagement, leading to increased productivity and a more positive workplace culture.



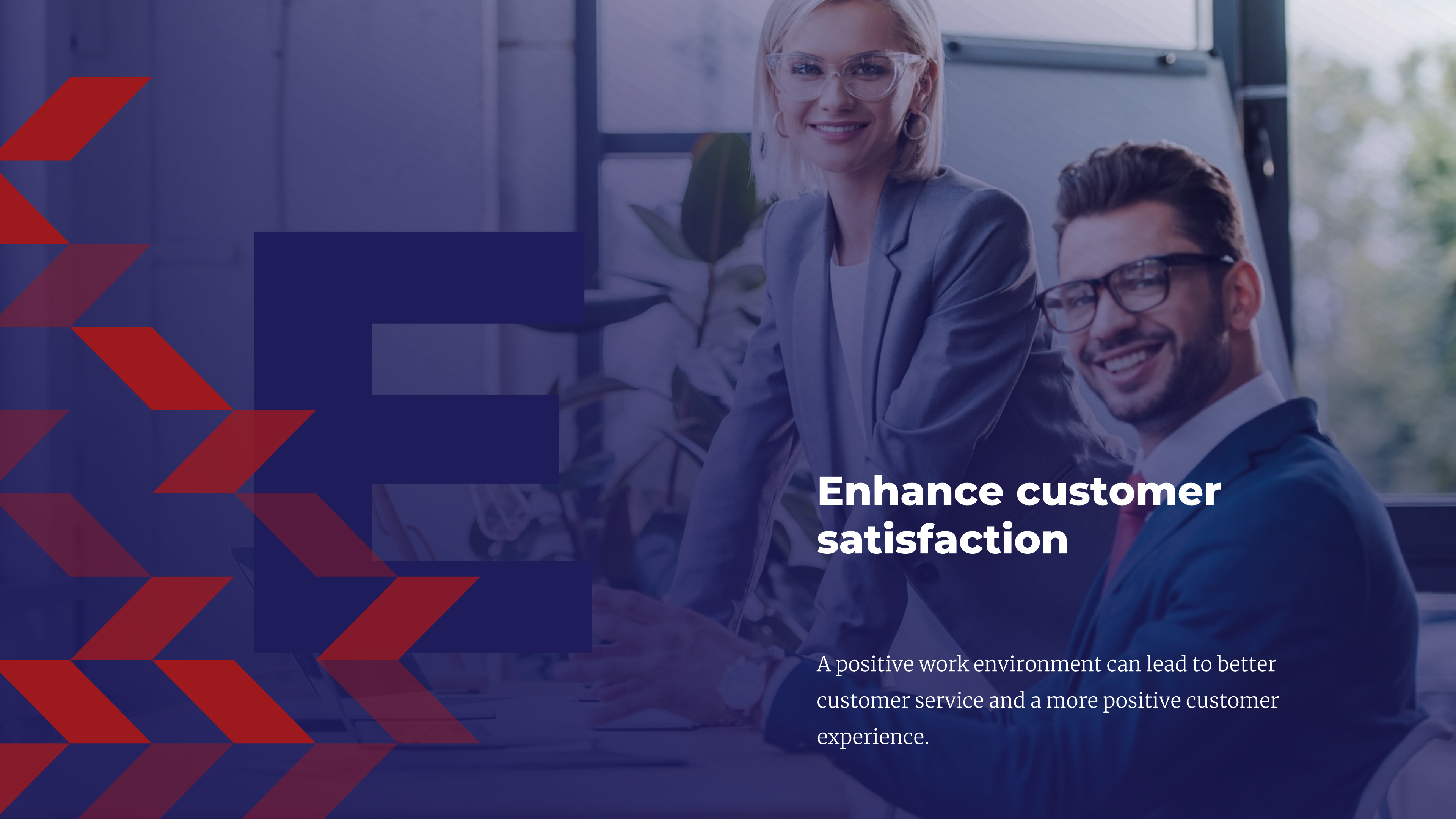
Reduce stress and burnout

A positive work environment can help to reduce stress and burnout among employees.



Improve employee retention

Employees are more likely to stay with an organisation that provides a positive work environment.



Enhance customer satisfaction

A positive work environment can lead to better customer service and a more positive customer experience.



Key Features

Why you'll love our training

Course Administration

We make it simple to roll out training to your workplace and provide technical support directly to your employees at no additional cost.

Customization

Tailor courses to include your logo, relevant policies, workplace images, and more. We can even customise the course with scenarios that take place in your own workplace environment.

A Safer Workplace

All workers have the right to work in an environment where they are safe, and where their human rights are respected.



Over **4200**
workers have
benefited
from Anti
Bullying
Seminars





Pricing



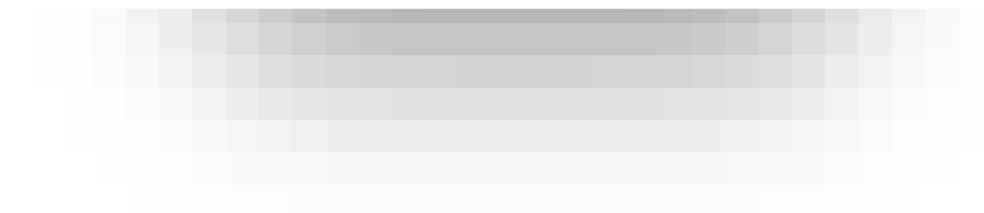
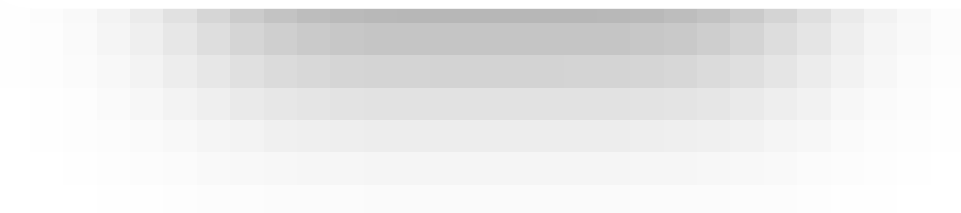
\$125.00

For single person



\$95.00/person

For a group of minimum 10 people



Course notes provided prior to Training and after receipt of payment.



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